

RUSSIAN TEA

1 jar Tang [or any brand 1 lb. 2 oz. size]
1 $\frac{1}{4}$ cup sugar
3/4 cup of instant tea [with lemon- No
sugar.]
4 teaspoons ground cinnamon.
3 teaspoons ground nutmeg.
3 teaspoons ground cloves
A dash of salt.

Mix all in a large bowl.

Refill the tang jar with half of the
mixture and fill another jar with the
overflow.

To serve, add 3-4 heaping teaspoons to a
cup of boiling water.

Barbara Merew