

CORNBREAD & BEEF CASSEROLE



1 1/2 lb. ground beef  
1/2 cup chopped onion  
1 can (15 oz.) tomato sauce  
1 can (3 oz.) mushrooms (optional)  
1 teasp. salt  
1/4 teasp. pepper

Heat: oven to 425

Cook: beef and onion in a skillet until lightly browned.

Stir: in tomato sauce, mushrooms, salt and pepper; heat until mixture bubbles. Pour into a 2 quart casserole dish.

Combine:

1 package Corn Bread Mix  
1 teasp. caraway seed  
1 egg, beaten  
1/2 cup milk