

QUICK BARBECUED SPARERIBS



Use pork spareribs or backbones

Add two cups water to pressure pot, add pork, salt & pepper.

Cook 12 minutes----cool down pot.

Put pork in roaster pan, baste liberally with bar-b-q Sause. Place in 325 degree oven for 30 minutes.

Turn meat once. Remove and serve. Use broth from pork to cook rice.